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Observations during use on back patients

Period of use:

3 months, October - December 2004

Frequency of use:

3x a day during the first month, 1x week thereafter

Area of use: Back pain of differing origin, such as sciatic discomfort, indifferent muscular tension or Lumbago

Group of persons: Secretaries, management personnel, personnel advisor (all persons with jobs involving desk and PC work in particular)

Results

In general the lordosis support with infrared heat was rated as pleasant and pain reducing. Female test subjects reported an increase in relaxation and the alleviation of headaches (8 of 12 subjects). The male test subjects described a general sense of well-being and loosening of the muscles in the back (12 of 19 subjects).

A reduction in the amount of medication taken was reported in three cases (Voltaren). Following treatment, it was only required in acute pain phases. 13 subjects uniformly reported general pain relief and a clear reduction of phases of acute pain.

The Andullation Therapy System is good supplement to the manual therapies used in a physical therapy practice. In particular in the lymphatic area, the Andullation Therapy System can be used to prepare the patient for manual lymphatic drainage.

The Andullation Therapy System is a helpful tool for sports medicine, in particular due to its flexibility and ease of operation along with the integrated infrared heat cushion.